



ADUR & WORTHING  
COUNCILS

Key Decision [No]

Ward(s) Affected:N/A

**A review of the work of the West Sussex Health and Adult Social Care Scrutiny Committee during 2020/21 - Report from Councillors Loader and Harman**

**Report by the Director for Digital, Sustainability and Resources**

**Executive Summary**

**1. Purpose**

- 1.1 This report provides the Joint Overview and Scrutiny Committee (JOSC) with background information on the West Sussex Health and Adult Social Care Scrutiny Committee (HASC) and a summary of the recent work undertaken by the HASC. This information will enable JOSC to question the Councils' representatives on the HASC, Councillors Joss Loader (Adur) and Karen Harman (Worthing), about the work of the HASC and issues affecting Adur and Worthing.

**2. Recommendations**

- 2.1 That JOSC is asked to consider the recent work of HASC and put forward any questions for Councillors Loader and Harman.

### **3. Context**

- 3.1 As part of its Work Programme for 2021/22, JOSCS have agreed to receive a summary report on the recent work of HASCS from the Councils' Members who sit on HASCS, Councillor Joss Loader (Adur) and Councillor Karen Harman (Worthing). Councillors Loader and Harman will address JOSCS on the role of the HASCS and their thoughts on the issues discussed. JOSCS will also have the opportunity to put questions to Councillors Loader and Harman.

### **4. Issues for consideration - The role of HASCS and work it has undertaken**

- 4.1 JOSCS is entitled to ask for further investigation into items in relation to Health Scrutiny that they may not be satisfied with which should be via the appointed representative to the HASCS. It is important to note that the role of health Scrutiny sits with the HASCS.

- 4.2 The HASCS is responsible for scrutinising the following issues across West Sussex:-

Adult social care services

Adults' safeguarding

Coroner and Mortuaries

Dementia services

Drug and Alcohol action

Health and health partnerships

Public Health

The review and scrutiny of the planning, provision and operation of health services in West Sussex.

- 4.3 HASCS has 20 members made up of 12 County Councillors, seven District and Borough Councillors (from Overview and Scrutiny Committees across West Sussex) and one Local Healthwatch member (non-voting).

- 4.4 The primary aim of health scrutiny is to strengthen the voice of local people, ensuring that their needs and experiences are considered as an integral part of the commissioning and delivery of health services and that those services are effective and safe. Health scrutiny has a strategic role in taking an overview of how well integration of health, public health and social care is working. HASCS acts as a critical friend to executive policy makers and decision makers (both at the County Council and the NHS) and also aims to drive improvement in the health and adult social care services accessed by

West Sussex residents ensuring priority topics are scrutinised and avoiding duplication with other boards/agencies (e.g., the Health and Wellbeing Board).

- 4.5 HASC has met four times during the 2020/21 Municipal Year in September and November 2020, and January and February 2021. In addition, the HASC convened two Task and Finish Groups focussing on:
- Covid-19 Preparedness and Restoration, Recovery Planning in West Sussex, which met between July and September 2020
  - Procurement of Public Health Social Support Services for Older people (County Council service) – Councillor Harman represented the co-opted members of the Committee

The Committee has also looked at the following issues:-.

- Sussex Strategic Plan and West Sussex Joint Place-based Response to the NHS Long Term Plan
- New operating model for the Approved Mental Health Professionals (County Council service)
- Primary Care Restoration and Future Planning in West Sussex
- Adults and Health (County Council provided services) - Service Planning Overview
- Improving mental health services for adults and older people in West Sussex
- The HASC also had an informal information gathering session including the development of an Integrated Care System and the merger of Western Sussex Hospitals NHS Foundation Trust and Brighton and Sussex University Hospitals Trust.

- 4.6 Matters relevant to Adur and Worthing that have been reviewed include the outcome of public consultation on proposals to improve mental health services for adults and older people across West Sussex. HASC considered the public consultation on proposals by the West Sussex Clinical Commissioning Group and Sussex Partnership NHS Foundation Trust. This included a look at changes made to the original preferred option, which was presented to the HASC at its formal meeting on 12 June 2019, a discussion on the activity undertaken during the public consultation, the issues raised and how they were addressed in the final revised proposals. As part of this, proposals included:-

- Services for older people with mental health problems to be removed from Chichester to mixed sex wards at Meadowfield Hospital, Worthing and to Crawley;
- The 10-bed single sex ward for men with dementia to be moved from the Harold Kidd Unit (Grove Ward) to a single sex ward at Salvington

Lodge (The Burrowes), Worthing which will be the Dementia Centre of Excellence;

- The services for women with dementia to be moved from Horsham to a single sex ward at Salvington Lodge; and
- All adult wards at Langley Green Hospital and Meadowfield Hospital, Worthing to remain mixed sex wards.

The Committee was assured that responses to the consultation have been taken into account in the revised proposals and supports the development of a centre of excellence as set out in the Decision-Making Business Case, including the rationale for the continuation of mixed sex wards in some cases. However, some concern was expressed relating to the provision of services for older people with mental health problems in the west of the county and asked that the Committee consider the mitigations for this particular part of the proposals further, before Orchard Ward is relocated in October 2021, as well as an opportunity to consider the development of mitigations identified, regarding transport issues to ensure that they are sufficiently robust.

4.7 HASC has also received information on the adult weight management programmes being run in Adur and Worthing (circulated to the Committee outside of meetings as a response to an action). This information advised that the full Wellbeing programme included: adult weight management courses (with some designed specifically to appeal to men). 12 community based courses were provided every year supporting almost 200 people to manage their weight. An average of 70% of participants achieved at least a 3% weight loss. Adult weight management programmes were delivered to follow national best practice, as set out by NICE (National Institute for Health and Care Excellence) and the Department of Health. In line with this best practice, quality standards for these type of community based weight management programmes covered the following:

- Participants who have attended at least one session of the intervention achieve a mean weight loss of at least 3% of their initial weight at the end of the intervention.
- At least 30% of all participants have achieved a weight loss equal to or greater than 5% of their initial weight at the end of the intervention

4.8 HASC was advised that the KPIs set for the West Sussex Wellbeing programme were based on the above criteria and asked for 50% of individuals to achieve 3% and 30% to achieve 5% weight loss. The Adur and Worthing Councils programme showed that 70% of their participants were achieving 3% weight loss which exceeded the KPI that had been set and represented a steady weight loss for someone with a BMI above 25, with a 12 week weight management programme providing them with the tools and resources to continue on their weight loss journey once their wellbeing course had finished. The activity in the 2020 programme was hugely impacted by COVID-19 which made wider benchmarking comparisons less valid.

- 4.9 Each area reviewed by HASC considers access to services, patient experience and outcomes, impact on families/carers, Clinical quality and safety, financial and resourcing issues and any Cross-boundary implications.
- 4.10 Since becoming members of the HASC, Councillors Harman and Loader have developed more of an understanding about the role of the Committee and the involvement of the HASC members in the work. Importantly, this has also demonstrated how much influence the HASC and its members have with policy making and the impact on the West Sussex and Adur and Worthing communities.
- 4.11 Further information on the role of the HASC and access to the agenda and relevant reports for the HASC are available here [HASC agenda and reports](#)

## **5. Engagement and Communication**

- 5.1 The JOSCS Chairmen and Vice-Chairmen and Councillors Loader and Harman have been consulted on the contents of the report.

## **6. Financial Implications**

- 6.1 There are no direct financial implications to consider as part of this report.

## **7. Legal Implications**

- 7.1 Under Section 111 of the Local Government Act 1972, the Councils have the power to do anything to facilitate or which is conducive or incidental to the discharge of any of their functions.
- 7.2 Section 1 of the Localism Act 2011 provides a Local Authority to do anything that individuals generally may do (subject to any current restrictions or limitations prescribed in existing legislation).
- 7.3 Section 3(1) of the Local Government Act 1999 (LGA 1999) contains a general duty on a best value authority to make arrangements to secure continuous improvement in the way in which its functions are exercised, having regard to a combination of economy, efficiency and effectiveness.
- 7.4 Responsibility for Health Scrutiny sits with West Sussex County Council.

## **Background Papers**

Agenda papers for the meetings of the West Sussex Health and Adult Social Care Scrutiny Committee - September 2020 to February 2021.

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## **Sustainability & Risk Assessment**

### **1. Economic**

Matter considered and no direct issues identified.

### **2. Social**

#### **2.1 Social Value**

Matter considered. Improved health services will improve social value for Adur and Worthing residents.

#### **2.2 Equality Issues**

Matter considered and no direct issues identified.

#### **2.3 Community Safety Issues (Section 17)**

Matter considered and no direct issues identified.

#### **2.4 Human Rights Issues**

Matter considered and no direct issues identified.

### **3. Environmental**

Matter considered and no direct issues identified.

### **4. Governance**

Matter considered. Good health scrutiny can help in the reshaping of place based health services and it is important for the Councils to be aware of the work being undertaken by HASC to be able to influence those services affecting Adur and Worthing residents.